

# avlí

INSPIRED GREEK

## FIRST COURSE

choice of spread, served with pita bread:

### TZATZIKI

yogurt, cucumber, dill V GF

### HUMMUS

chickpea, tahini, cumin VN GF

### MELITZANOSALATA

eggplant, garlic, red pepper VN GF

### TIROKAPTERI

feta, red pepper, yogurt, chili V GF

## SECOND COURSE

choice of salad:

### GREEK

tomato, cucumber, onion, green pepper, caper,  
olive, feta, rusk, vinaigrette V

### SWEET POTATO

lettuce, fig, onion, almond, feta, dijon vinaigrette V GF

## THIRD COURSE

choice of entree:

### GARIDES SOUVLAKI

lemon quinoa, tomato, olive, feta GF

### CHICKEN SOUVLAKI

yogurt marinated, rice, salsa fresca, ladolemono GF

### MUSHROOM BOWL

farro, scallion, onion confit, broccoli, herb sauce VN

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tomato, cucumber, onion, green pepper, caper,  
olive, feta, rusk, vinaigrette V

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lettuce, fig, onion, almond, feta, dijon vinaigrette V GF

## THIRD COURSE

choice of entree:

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lemon quinoa, tomato, olive, feta GF

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farro, scallion, onion confit, broccoli, herb sauce VN

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## BOWLS

### CHICKEN SOUVLAKI

rice, salsa fresca, sweet pepper, herb sauce GF

15

### SHRIMP SOUVLAKI

quinoa, chive, tomato, olive, feta, ladolemono GF

16

### ROASTED SALMON

farro, scallion, onion confit, broccoli, herb sauce

17

### ROASTED MUSHROOM

farro, scallion, onion confit, broccoli, herb sauce VN

15

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## BOWLS

### CHICKEN SOUVLAKI

rice, salsa fresca, sweet pepper, herb sauce GF

15

### SHRIMP SOUVLAKI

quinoa, chive, tomato, olive, feta, ladolemono GF

16

### ROASTED SALMON

farro, scallion, onion confit, broccoli, herb sauce

17

### ROASTED MUSHROOM

farro, scallion, onion confit, broccoli, herb sauce VN

15

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## BOWLS

### CHICKEN SOUVLAKI

rice, salsa fresca, sweet pepper, herb sauce GF

15

### SHRIMP SOUVLAKI

quinoa, chive, tomato, olive, feta, ladolemono GF

16

### ROASTED SALMON

farro, scallion, onion confit, broccoli, herb sauce

17

### ROASTED MUSHROOM

farro, scallion, onion confit, broccoli, herb sauce VN

15

## BUILD YOUR OWN BOWL

### CHOOSE YOUR BASE:

#### AEGEAN QUINOA

chive, tomato, olive, feta V GF

10

#### BASMATI RICE

scallion, salsa fresca, sweet pepper VN GF

10

#### THYME FARRO

scallion, onion confit, broccoli VN

10

### CHOOSE YOUR PROTEIN:

#### SHRIMP SOUVLAKI GF

6

#### ROASTED SALMON GF

7

#### ROASTED MUSHROOM GF VN

5

#### CHICKEN OR PORK GYRO GF

5

#### CHICKEN SOUVLAKI GF

5

### CHOOSE YOUR BASE:

#### AEGEAN QUINOA

chive, tomato, olive, feta V GF

10

#### BASMATI RICE

scallion, salsa fresca, sweet pepper VN GF

10

#### THYME FARRO

scallion, onion confit, broccoli VN

10

### CHOOSE YOUR PROTEIN:

#### SHRIMP SOUVLAKI GF

6

#### ROASTED SALMON GF

7

#### ROASTED MUSHROOM GF VN

5

#### CHICKEN OR PORK GYRO GF

5

#### CHICKEN SOUVLAKI GF

5

## BUILD YOUR OWN BOWL

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#### AEGEAN QUINOA

chive, tomato, olive, feta V GF

10

#### BASMATI RICE

scallion, salsa fresca, sweet pepper VN GF

10

#### THYME FARRO

scallion, onion confit, broccoli VN

10

### CHOOSE YOUR PROTEIN:

#### SHRIMP SOUVLAKI GF

6

#### ROASTED SALMON GF

7

#### ROASTED MUSHROOM GF VN

5

#### CHICKEN OR PORK GYRO GF

5

#### CHICKEN SOUVLAKI GF

5

### CHOOSE YOUR SAUCE:

#### BALSAMIC VINAIGRETTE V GF

#### LADOLEMONO VN GF

#### SPICED HERB SAUCE VN GF

#### LEMON AIOLI V GF

#### SPICY MAYO V GF

### CHOOSE YOUR SAUCE:

#### BALSAMIC VINAIGRETTE V GF

#### LADOLEMONO VN GF

#### SPICED HERB SAUCE VN GF

#### LEMON AIOLI V GF

#### SPICY MAYO V GF

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#### BALSAMIC VINAIGRETTE V GF

#### LADOLEMONO VN GF

#### SPICED HERB SAUCE VN GF

#### LEMON AIOLI V GF

#### SPICY MAYO V GF